

EPILEPSY ASSOCIATION OF OKLAHOMA

March 26th is Wear Purple for Epilepsy Day!

March 1, 2013

Volume 1, Issue 5



Epilepsy
Association
of Oklahoma

What is Epilepsy?

Epilepsy is a seizure disorder that affects a variety of mental and physical functions. A seizure happens when a brief, strong surge of electrical activity affects the brain. When a person has two or more unprovoked seizures, he or she is considered to have epilepsy.

There are many different types of epilepsy that affect more than 3 million Americans of all ages. Epilepsy can develop at any age and can be a result of genetics, stroke, head injury, and many other factors.

Symptoms of a seizure include:

- Convulsions
- Blank Staring
- Lip Smacking
- Jerking movements of arms and legs
- Loss of consciousness

Saint Anthony announced a new program expanding capabilities to serve patients: the Epilepsy Monitoring Unit, which is diagnosing, monitoring and managing all aspects of seizure disorders. For more information, (405) 272-8314.

5K Run/Walk for Epilepsy Awareness

Don't forget! Next month on March 23rd is the 5K Run/Walk for supporting on the Epilepsy Awareness campaign that we need to spread through the state and country. To participate, visit our website www.okepilepsy.org, click on the Fundraiser and you will find the icon for the run and by selecting the icon it will take you to their website.

In this issue:

What is Epilepsy? 1

5K Run/Walk for Epilepsy Awareness 1

Volunteers Needed 2

Current Medications 2

Support Groups 3

Candlelight Concert Series 3

Emily Drennan and Friends 3

Special points of interest:

- What is Epilepsy?
- 5K Run
- Current Medications

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Epilepsy Association of Oklahoma
711 Stanton L. Young Blvd, Suite 550
Oklahoma City, OK 73104

Tel: (405) 271-3232
E-mail: epilepsy-ok@prodigy.net
Website: www.okepilepsy.org

VOLUNTEERS NEEDED

Want to get plugged in but don't know how?

The Epilepsy Association of Oklahoma is always looking for new volunteers. It's an excellent opportunity to meet fellow people and be involved with something great.

If you're interested, contact Jenniafer Walters by phone at (405) 271-3232 or by email: epilepsy-ok@prodigy.net

Current Medications

Below are the names of current seizure medications:

- Ativan
- Banzel
- Carbatrol
- Depakene
- Depakote
- Depakote ER
- Diamox Sequels
- Diastat Acudial
- Dilantin
- Felbatol
- Gabitril
- HP Acthar Gel
- Keppra
- Keppra XR
- Klonopin
- Lamictal
- Lyrica
- Mysoline
- Neurontin
- Onfi
- Phenobarbital
- Phenytek
- Potiga
- Sabril (for children)
- Sabril (for adults)
- Tegretol
- Tegretol XR
- Topamax
- Tranxene
- Trileptal
- Vimpat
- Zarontin
- Zonegran

Be sure to talk to your neurologist about any of these medications!

Support Groups

Along with the monthly support group at Moore Hospital, the Epilepsy Association of Oklahoma is looking to open a second location.

The Lynn Institute in the NW part Oklahoma City has offered to host a support group in different areas of the city as well. For those who live in separate areas of the state, this is a wonderful opportunity to connect with others and seek support.

For more information on the Moore Hospital Support Group, contact Pat Sharp at (405) 527-9886.

For more information on the Lynn Institute Support Group possibility, contact Jessica Tirado at (405) 602-3928.

Candlelight Concert Series

Eric Clapton, one of the most influential guitarists of this time, is mostly known for his work in the 60's and the 80's. On March 20th this iconic rock and roll legend will be performing at the Candlelight Concert Series—an event to support epilepsy awareness.

The time is 7:30 pm and will be held in the Chesapeake Energy Arena.

Epilepsy Awareness Concert: Emily Drennan and Friends

Bristow, Oklahoma and the Epilepsy Association of Oklahoma are proud to welcome Emily Drennan. A Broadway singer, published lyricist, composer, and recording artist for TV, radio and film, she had her debut album “Two-Way Street” released last year. She has given us the honor of putting on a concert solely dedicated to the awareness of epilepsy.

She will be playing at the Freeland Center on the 23rd of March at 7:00 pm. Ticket prices are \$10.00 advance and \$15 at the door. To purchase tickets, call 866-977-6849 or visit the website www.protixonline.com.



Emily Drennan

March 26th is Wear Purple for Epilepsy Day! Wear anything purple to unite all over the nation!

Share Your Story!!

We all have our own personal stories. A story can bring encouragement and peace for those who feel lost and on their own. Sharing your story will have an enormous affect on people who read it. It can provide happiness and support.

If you want to share your story, contact BreAnn Allen at (405) 639-9897 or by email at breannallen92@gmail.com to share and have it included in the following month's newsletter.

Bring peace to another's life and be the light in the darkness.